



WORLD SERIES
POWER MAN[®]
PORTUGAL
**ACEITAS O DESAFIO?
CHALLENGE ACCEPTED!**
16FEB2020 | 16FEB2020
WWW.POWERMANPORTUGAL.PT

SCHEDULE*

*The Schedule could change

FRIDAY | 14TH FEBRUARY

10h00 am to 06h00 pm | Race Office

SATURDAY | 15TH FEBRUARY

10h00 am to 06h00 pm | Race Office

02h00 pm to 04h30 pm | Check in Powerman
Transition area is open to leave the bicycles

05h00 pm | Portuguese Briefing

05h45 pm | English Briefing

06h30 pm | Guide Tour to Mafra National Palace

07h30 pm | Pasta Party



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SUNDAY | 16TH FEBRUARY

06h30 am to 03h00 pm | Race Office

07h00 am to 08h10 am | Check in Powerman

Put the rest of material in the transition area to both races.
All athletes must be properly equipped.

08h15 am | Stay athletes limit time in TP

**08h30 am | Start Races - Powerman Mafra Portugal Middle Distance
Duathlon Long Distance Nacional Championship**

09h00 am | Powerman Mafra - Portugal Sprint Distance Start

11h00 am | Cut-off - Final 1st cycle 1 lap

12h00 pm | Cycle

12h00 pm | Check Out

Remove equipment and materials from the Transition Park.

After arrival of the last athlete in the cycling and upon prior notice from the organization, the athletes will be able to access and pick up their PT material, displaying their bib of the transition park. The time limit for lifting will be 15 minutes after the last athlete has completed the race.



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SUNDAY | 16TH FEBRUARY

1h30 pm | Race Final

1h30 pm | Awards Ceremony Powerman and National Championship

1h00 pm to 2h40 pm | Check in Powerkids

2h45 pm | Stay athletes limit time

3h00 pm | Powerkids start

05h00 pm | Check Out

Remove equipment and materials from the Transition Park.

After arrival of the last athlete in the cycling and upon prior notice from the organization, the athletes will be able to access and pick up their TP material, displaying their bib of the transition park. The time limit for lifting will be 15 minutes after the last athlete has completed the race.

5h30 pm | Awards Ceremony Powerkids